

2026-04-04 Meditation for Holy Saturday is now available
at: <https://pgimf.org/meditations/>

[The opening theme song with a poetic paraphrase begins:]

Ich bete an die Macht der Liebe,
O Pow'r of love, all else transcending,
Die sich in Jesu offenbart;
In Jesus present evermore,
Ich geb' mich hin dem freien Triebe,
I worship thee, in homage bending,

Psalm 91

Lyrics: Translated by Myles Coverdale (1488-1569)

Music: Sir Walter Galpin Alcock (1861-1947)

Artists: Westminster Abbey Choir, Andrew Lumsden (organ), Martin Neary (dir.)
<https://www.youtube.com/watch?v=L5LPszttCD4>

[The psalmist declares his trust in “the Most High”, “the Almighty”, “the Lord”, and “God”.]

WHOSO dwelleth under the defence of the Most High, * shall abide under the shadow of the Almighty.

2 I will say unto the LORD, Thou art my hope, and my stronghold; * my God, in him will I trust.

[Assurances of deliverance from threats—six are listed.]

3 For he shall deliver thee from the snare of the hunter, * and from the noisome pestilence.

4 He shall defend thee under his wings, and thou shalt be safe under his feathers; * his faithfulness and truth shall be thy shield and buckler.

5 Thou shalt not be afraid for any terror by night, * nor for the arrow that flieth by day;

6 For the pestilence that walketh in darkness, * nor for the sickness that destroyeth in the noon-day.

7 A thousand shall fall beside thee, and ten thousand at thy right hand; * but it shall not come nigh thee.

8 Yea, with thine eyes shalt thou behold, * and see the reward of the ungodly.

[If you make God your 'refuge', these are the promises made in return.]

9 For thou, LORD, art my hope; * thou hast set thine house of defence very high.

10 There shall no evil happen unto thee, * neither shall any plague come nigh thy dwelling.

11 For he shall give his angels charge over thee, * to keep thee in all thy ways.

12 They shall bear thee in their hands, * that thou hurt not thy foot against a stone.

13 Thou shalt go upon the lion and adder: * the young lion and the dragon shalt thou tread under thy feet.

[The psalmist imagines God speaking:]

14 Because he hath set his love upon me, therefore will I deliver him; * I will set him up, because he hath known my Name.

15 He shall call upon me, and I will hear him; * yea, I am with him in trouble; I will deliver him, and bring him to honour.

16 With long life will I satisfy him, * and show him my salvation.

Glory be to the Father, and to the Son, and to the Holy Ghost
as it was in the beginning, is now, and ever shall be,
world without end. Amen

[Closing words to our theme song:]

O! dass diess jeder Sünder wüsste,

O! that every sinner would know this,

Sein Herz wohl bald dich lieben müsste.

His heart must soon surely love You.

Evan

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